

# Could You Swim with Sharks?



## Or...ARE YOU A SCAREDY CAT?

### MOVE PAST YOUR FEARS WITH CONFIDENCE

#### Is Fear Holding You Back from Living Your Life?

What are you afraid of? Failure? Success? Intimacy? Spiders? Flying? Going to a country where you don't speak the language? Jumping out of a moving boat in the middle of the ocean next to a 30- foot whale shark? If you've ever let fear stop you from living your best life, you need to join me for this retreat! You will...

- Learn about fear; its impact, and complexities;
- Explore how fear has gotten in your way;
- Create a transformational plan that changes your life forever as you take your next courageous step;
- Swim with sharks (that are, by the way, completely harmless!); and
- Enjoy the peace and beauty of the Caribbean Sea.

Jul 20-27, 2019

Isla Mujeres Mexico

Be Courageous

Transform your life

Experience a Whale  
Shark Adventure

Connect with Other  
Brave Women

Enjoy Yoga,  
Meditation, and the  
Beach

You Deserve This!

Limited Space!



For More Info:  
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